

CURRICULUM-VITAE

PERSONAL INFORMATION

Dr. Nivedita Awasthi
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PRESENT JOB ROLES APART FROM ACADEMICS

- Serving on faculty or institution-wide committees
- Advising undergraduate and graduate students on academic planning and career goals
- Administrative Support/ Institutional Management- discharge of liabilities/responsibilities assigned by institutional head, assisting with departmental planning and intra-institutional policy development, helping with accreditation reports and institutional reviews as well
- Community and outreach Activities
- Event organization- Coordinating departmental events or student activities
- Participation in faculty development programs/courses and collaboration
- Research and Publication, Keynote Speaker/ Invited lectures

AREA OF INTEREST/ SPECIALIZATION

- Food and Nutrition
- Community Nutrition

AWARD AND HONOURS

- Recipient of **Kellogg's Award-I Award** on "Nutrition Excellence to Recognize the Importance of Nutrition Research to Enhance the Quality of Life" for research work done in G.B. Pant University of Agriculture and Technology, Pantnagar.

RESOURCE PERSON/KEYNOTE SPEAKER

- As Keynote Speaker delivered a lecture entitled "Indian Food, Culture and Health" in Seminar on Historical and Cultural Heritage of India organized by Govt. P G College Bisalpur, Pilibhit, Uttar Pradesh on 29 June 2020.
- Conducted State level research entitled "To Assess Impact of Online Teaching in Higher Education in Uttarakhand" as co-convenor in the year 2021.
- As Convener/Organizing Secretary, successfully organized ICSSR sponsored Two-Day National Seminar on "Sustainability in Health and Well Being: Prospects, Issues and Challenges" on March 18-19, 2023 with thought provoking guest speeches and research papers presentations from various disciplines of social science.
- Keynote Speaker in ICSSR sponsored National Seminar on Sexual Harassment Awareness and Prevention, 21-22 February 2024 organized by Department of Home Science, Chamanlal Mahavidhyalaya Landhaura, Haridwar, Uttarakhand.

EDUCATIONAL QUALIFICATION

S.N.	Degree/ Course	Name of Organization	Year
1	Ph.D.	M.J.P. Rohilkhand University, Bareilly, Uttar Pradesh	2016
2	NET	ICAR/UGC	2001
3	Master of Science (Food and Nutrition)	G.B. Pant University of Agriculture and Technology, Pantnagar	1996
4	Bachelor of Science (Home Science)	G.B. Pant University of Agriculture and Technology, Pantnagar	1994

WORK EXPERIENCE

S.N.	Designation	Name of Organization	From	To
1	Assistant Professor	P.N.G. Govt. Post Graduate College Ramnagar Nainital, Uttarakhand	15-09-2009	29-07-2024
2	Assistant Professor	M.P. Govt. Degree College Nanakmatta Udham Singh Nagar, Uttarakhand	30-07-2024	Presently working

WORKSHOP ATTENDED

S.N.	Title of the workshop	Organizer	From	To
1	National Workshop on SPSS for Social Science Data Analysis	PNG Government Post Graduate College Ramnagar, Nainital, Uttarakhand	11-02-2019	17-02-2019

COURSES ATTENDED

S.N.	Title of the course	Organizer	From	To
1	Orientation Program	UGC HRDC ASC, Kumaun University Nainital, Uttarakhand	20-02-2013	19-03-2013
2	NSS Orientation Programme	Kumaun University Nainital, Uttarakhand	14-02-2014	20-02-2014
3	Refresher Course in Social Sciences	UGC HRDC ASC, Kumaun University Nainital, Uttarakhand	30-05-2014	19-06-2014
4	Refresher Course in Food and Bio-Technology	UGC HRDC Aligarh Muslim University Aligarh, Uttar Pradesh	31-01-2018	20-02-2018
5	Faculty Development Program	Rani Channamma University, Belgavi, Karnataka	14/05/2020	20/05/2020
6	Short Term Course on Human Rights	UGC HRDC ASC, Kumaun University Nainital, Uttarakhand	09/09/2020	15/09/2020
7	Faculty Development Program on Developing Online Courses for Swayam	Uttarakhand Open University Haldwani, Nainital, Uttarakhand	21/06/2021	05/07/2021
8	Short Term Course on Health and Hygiene	UGC HRDC Aligarh Muslim University Aligarh, Uttar Pradesh	17-02-2022	23-02-2022
9	Refresher Course on ICT	UGC HRDC Deen Dayal Upadhyay Gorakhpur University, Gorakhpur, Uttar Pradesh	28-01-2-23	10-02-2023
10	Short-Term Course on Presentation Skills	UGC HRDC Aligarh Muslim University Aligarh, Uttar Pradesh	19-09-2023	20-09-2023

INTERNATIONAL SEMINAR/ CONFERENCE ATTENDED

S.N.	Title of Paper Presented	Organizer/Institution	Year
1	Bhoomandalikaran Evam Khadhya Surakshaa: Bhartiya Pariprekshya Mein	S.S. Post Graduate College Shahjahanpur, U.P.	26-27 February 2011
2	Socio-Economic Constraints for Nutritional Health of Children in Uttarakhand: A Correlation Study	Govt. Post Graduate Collge Gopeshwar Chamoli, U.K.	21-22 October 2016
3	Role of Nutri Gardening Towards Nutrients' Adequacy Among Adolescent Girls in Kumaun Hills of Uttarakhand: An Assessment Study	Sri Dev Suman Uttarakhand University, Badshahithaul, Tehri Garhwal in Collaboration with Doon University, Haridwar, U.K.	29-01 December 2017
4	Antar-Raastriya Paryatan Mein Nayi Sambhawnayein Evam Chunautiyaan	Swami Vivekanand Govt. Post Graduate College Lohaghat U.K.	05-07 June 2019
5	Impact of Global Climate Change on Human Health	Vardhaman College Bijnor U.P.	14-16 February 2020
6	Health Management and Humanities in Present Social Scenario: Issues and Challenges	Rani Durgavati Medical College Banda and Govt. Degree College Muwani Pithoragarh, U.K.	07-08 October 2022

7	Role Of Women as Agriculture Labour Force in Economic Development: A Global Perspective	L.S.M. Govt. Post Graduate College Pithoragarh, U.K.	13-14 November 2022
8	Women and Sustainable Development: Sustainable Home to A Sustainable Earth	M.B. Govt. Post Graduate College Haldwani Nainital, U.K.	08-09 January 2024
9	Sustainable Diet and Sustainable Homestay: Role and Prospects in Promoting Sustainable Tourism in Uttarakhand	M.B. Govt. Post Graduate College Haldwani Nainital, U.K.	14-15 February 2025

NATIONAL SEMINAR/ CONFERENCE ATTENDED

S.N.	Title of Paper Presented	Organizer/ Institution	Year
1	Diet, Nutrition and Yoga: An Integrated Approach to Control Obesity	Uttarakhand Open University Haldwani Nainital, U.K.	17-18 March 2010
2	Uttarakhand Mein Stri Shaakshartaa	Ewing Christian College Allahabad U.P.	28-29 August 2010
3	Baalshran : Ek Saamajik Abhishaap-Kaaran Evam Dushprabhaav	R.G. Post Graduate College Meerut U.P.	28-29 October 2010
4	Health Consequences of Environmental Degradation	P. N.G. Govt. Post Graduate College Ramnagar Nainital, U.K.	27-28 November 2010
5	Uttarakhand Raajya Mein Kaaryasheel Mahilaon Ki Saamajik, Aarthik Stithi Evam Poshan Star: Durgam Parvateey Kshetron Ke Vishesh Sandarbh Mein	Govt. Degree College Manila, Almora, U.K.	16-17 November 2012
6	Mid-Day Meal and Social Integration Among School Children.	S.B.S. Govt. Post Graduate College Rudrapur U.S. Nagar, U.K.	06-07 December 2015
7	Household Energy Poverty and Health Consequences: A Gender Spectrum in Rural India	P. N. G. Govt. Post Graduate College Ramnagar Nainital, U.K.	05-06 March 2016
8	Traditional Indian Food Cuisine: Cultural Heritage of India	M.B. Post Graduate College Haldwani Nainital, U.K.	28-29 March 2016
9	Nutritional Status of School Children (Girls) in Kumaun Hills: A Case Study Over a Decade	P. N. G. Govt. Post Graduate College Ramnagar Nainital, U.K.	17-18 October 2016
10	Cottage Food Industry and Rural Economy in Haldwani	D.R.A. Govt. Post Graduate College Bisauli Badaun, U.P.	30-31 December 2017
11	Dietary Nutrient Adequacy Among Girls: An Assessment Study in Uttarakhand	Uttarakhand Political Science Association (UPSA) BSM PG College Roorki Haridwar, U.K.	23-24 February 2018
12	Prathmik Vidhyalayon Me Madhyanh Bhojan Evam Samajik Samrasta	L.S.M. Govt Post Graduate College Pithoragarh, U.K.	07-08 October 2018
13	Challenge to Transparent Governance: An Overview	S.B.K.R. Govt Degree College Chudiyala Haridwar, U.K.	12-13 October 2018
14	SHG And Demonetization: Issues and Challenges	D.R.A. Govt. Post Graduate College Bisauli Badaun, U.P.	05-06 January 2019
15	Uttarakhand Ki Sidkul Kampani Me Karyarat Mahilayein Evam Swasthyaya: Udham Singh Nagar Ke Vishesh Sandarbh Mein	Vardhmaan College Bijnor, U.P.	09-10 February 2019
16	Nutritional Anthropometry: An Assessment Study Among School Children of Kumaun Hills	Mahila Mahavidhyalay B.H.U. Banaras, U.P.	11-12 March 2019
17	Socio- Demographic and Nutritional Profile of Tribes in India: A Review Study	Chaman Lal Mahavidhyalay Landhaura Haridwar, U.K.	07-08 December 2019
18	Health And Social Effects of Migration in India: An Overview	Govt. Degree College Bhatronjkan Almora, U.K.	28-29 February 2020
19	Indian Food Culture and Health: Historical and Cultural Heritage of India	Govt. Post Graduate College Bisalpur Pilibhit, U.P.	29 June 2020

20	Yoga: As a Way to Better Human Health	Chaman Lal Mahavidhyalay Landhaura Haridwar, U.K.	02-03 January 2023
21	Indian Culture through Food: An Exploratory Review	S.B.S. Govt. Post Graduate College Rudrapur Udham Singh Nagar, U.K.	19-20 August 2023
22	Women in Agriculture and Sustainable Development	Govt. Post Graduate College Sitarganj, Udham Singh Nagar, U.K.	17-18 February 2024
23	The Impact of Peer Support and Social Network on Coping with Sexual Harassment	Chaman Lal Mahavidhyalay Landhaura Haridwar, U.K.	21-22 February 2024
24	Traditional Food Knowledge of People and Its Sustainability in India	S.B.S. Govt. Post Graduate College Rudrapur Udham Singh Nagar, U.K.	30-31 March 2024
25	From Tradition to Enterprise: Women's Skill Development and Culinary Heritage in Uttarakhand	Govt. Degree College Manglaur Haridwar, U.K.	22-23 February, 2025

LIST OF PUBLICATIONS

JOURNALS

S.N.	Title of Research Paper	Name of Journal, Vol, Issue	ISSN No.	Year of Publication	UGC/Peer Reviewed
1	Empowering Women in View of Health and Nutrition	Review J. Phil. And Social Science Vol. XXXV, Issue: 2	0258-1701	2010	Peer Reviewed
2	Kuteer Udhyogon me Karyarat Mahilayen evam Bhoomika Dwand	Asian Journal of Multidisciplinary Studies, volume IV, Issue:12, 103-111	2348-7186	2016	Peer Reviewed International Journal
3	Impact of Global Climate Change on Human Health	Pragya Shikshan Shodh Rachna Vol. II, Issue:10, 176-179	2319-8079	2020	UGC
4	Nutritional Profile of Primary School Children in Kumaun Hills of Uttarakhand	Shodh Sarita Vol. 8, Issue:29, 207-212	2348-2397	2021	UGC
5	Kuteer Udhyog Mein Sanlagn Anusuchit Jaati Ki Mahilaon Ki Saamajik-Aarthik Stithi Ka Vishleshnatamak Adhyayan	Shodh Sarita Vol. 8, Issue: 29, 135-141	2348-2397	2021	UGC
6	Mahila Path Vikretaaon ki Samajik-Aarthik Stithi ka Adhyayan: Nainital Shahar ke Vishesh Sandarbh Mein	Surabhi Vol. 1, Issue: 68, 57-61	2349-4557	2022	Peer Reviewed
7	Uttarakhand ke ucch himalayi kshetron me baalikaon ki ucch shiksha evam samasyaayein: ek samaajshaastriya addhyayan	Bharatiya Shiksha Shodh Patrika Vol. 42, Issue: 2(II) July-December, 9-13	0970-7603	2023	UGC
8	Covid-19 mahamaari me ucch shiksha ke adhyayanrat vidhyarthion me online shikshan se padne wale Aarthi prabhaon ka vishleshanaatmak Adhyayan: Uttarakhand ke Vishesh Sandarbh mein	Journal of Social Issues and Development. Vol.1, Issue: 4, 73-82	2583-6994	2023	UGC
9	Uttarakhand GI Foods for Promotion of	Shodh Sanchar Bulletin Vol. 14, Issue: 56, 90-95	2229-3620	2024	Peer Reviewed Refereed

	Public Health and Nutritional Awareness: An Overview				
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EDITED BOOKS

S.N.	Title of Chapter	Name of Book	Year of Publication	ISBN No.
1	Uttarakhand Mein Istri Sakshharta: Ek Adyatan Paridrishya	Women Empowerment: Dimensions, Direction and Future Adhyayan Publisher, New Delhi	2011	978-81-8435-340-2
2	Girls Enrolment in Higher Education: Special Concern in Government Degree Colleges of Uttarakhand.	Uttarakhand: Various Dimensions Anamika Publishers, New Delhi	2012	978-81-7975-431-3
3	Food Terrorism: A Threat to Human Health and Development	International Terrorism and Economic Health of the World Mumukshu Publication Shahajahanpur, UP	2017	978-81-910666-8-5
4	Fluoride in Drinking Water: A Toxicant to Human Health	Water for Future Ankit Prakashan, Haldwani	2017	978-81-7988-163-7
5	Health Status of Women and Challenges: An Indian Scenario	Mahila Suraksha: Mudde Evam Chunautiyan Arti Prakashan, New Delhi	2018	978-93-82185-307
6	Globalization and Food Sovereignty: An Overview	Socio-Economic and Environmental Dimensions of Globalization: Issues, opportunities and Challenges Ankit Prakashan, Haldwani	2019	978-81-7988-193-4., 90-96p.
7	Nutritional Anaemia: Prevalence Among Adolescent Girls in Udham Singh Nagar District in Uttarakhand	Adolescence: A Challenging State Harshwardhan Publication Pvt. Ltd. Beed, Maharashtra	2019	978-93-90284-31-3
8	Impact of Covid-19 on Food Security and Food Supplies in India	Impact of Covid -19 Pandemic: A Global Perspective Info Capsule LLP	2021	979-87-16133-71-6
9	Nutritional Psychiatry and Mental Health: From Belly to Brain	Emerging Trends in Health and Well Being Lulu Publication Raleigh, NC 27607, United States	2021	978-1-6671-5454-1
10	New Education Policy: An Analytical View	Nai Siksha Neeti 2020: Sambhaavnayein Evam Chunautiyaan Nalanda Publishers, New Delhi	2021	978-81-949514-5-2
11	Mental Health of Women in India: Incidence and Risk Factors	Transforming India: Vision and Challenges Kunal Books Publication, New Delhi	2022	978-93-91550-59-2
12	Yoga and Prevention of Polycystic Ovary Syndrome: An Interrelationship Review	Yoga Evam Swasthyaya ABS Books, New Delhi	2023	978-93-94424-55-5
13	Food Security in India: A Review of Imperatives, Challenges and Revamping	India @ 75: Achievements and Opportunities N.B. Publications, Ghaziabad	2022	978-93-91550-16-5

BOOKS PUBLISHED

S.N.	Name of Books	ISBN No.	Year of Publication
1	Sustainable Health and Well Being ABS Books, New Delhi	978-93-94424-78-4	2023

2	Satat Vikaas Ki Avdhaarna: Swasthya Evam Paryaavaran Ke Sandarbh Mein Nalanda Prakashan, New Delhi	978-93-91018-68-9	2023
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RESEARCH SUPERVISION EXPERIENCE

Ongoing:

Completed

S.N.	Name of a scholar	Title of thesis	University	Year of award